



Portugal



Portugal:

Portugal is a country with 10.31 million inhabitants, it is located on the Iberian Peninsula. It consists of 18 districts and the capital is Lisbon.

In Portugal we have some traditional foods such as: Francesinha, Chicken in a bowl, Roasted sardines, Portuguese stew, Honey cake and Pastel de Nata.

We also have the best football player and the biggest wave in the world, which took place in Nazaré.



Downtown region:

We live in the western region of the country. The region is known for its wonderful coast and the footprints left of the past, like the Pavilions D. Carlos I Park, Óbidos Castle, Peniche Fortress, and others.

Is also a region very interesting since we have the Saw Aire e Candeeiros but right next door we can go to the beach, like two different realities so close of each other. Is also very unique discover the magic hiding places in this region, because there are so many.



UNESCO World Heritage Site of Portugal:

- Monastery of Alcobaça;
- Monastery of Batalha;
- University of Coimbra- Alta and Sofia;
- Convent of Christ in Tomar.



Alcobaça:

The city of Alcobaça received this name due to the union of two rivers, Alcoa and Baça.

Alcobaça is the city of love in Portugal, because of the tragic love story about D. Pedro and D. Inês de Castro who were deeply in love, but couldn't be together due to the fact that people didn't accept that love.

Alcobaça is surrounded by sea and mountains.



Alcobaça:

Alcobaça has a well-known local band in Portugal called "The Gift".

Every year, Alcobaça has a sample of Conventual Sweets that bring together different parts of Europe.

Alcobaça has several monuments such as:

- Castle and Monastery of Alcobaça
- Arch of Memory

The main products produced in Alcobaça are Ginja and Apple.



Our school: D. Inês de Castro Secondary School

This is our school, the name is in honor of the once queen D. Inês de Castro. Our school is recognized for the numerous projects made by students and supported by teachers, as an example we have the Erasmus+ program.

If one day you visit our school we guarantee that you will be well received by all of us.



Portuguese national anthem:



Lisbon:

The city of Lisbon is the capital of Portugal. It is a city with a lot of history and places to see and visit. It is bathed by the river Tejo.



Lisbon:

Rossio

Rossio is a square with a lot of history. Fun fact all the streets that were made to start on rossio ends in terreiro do paço. There we can also have a great meal and drink a coffee at the prettiest Starbucks of Lisbon, which is in the Rossio train station. The Rossio train station is considered one of the most beautifuls stations of Europe



Lisbon:

📍 Terreiro do Paço/Praça do Comércio

It is an important place to Portuguese people because it has a lot of History. It was here that the products which were coming from India, Africa and Brazil, arrived and it was also the place where the Portuguese boats left to discover new things and new lands.



📍 Alfama



Alfama is an old neighborhood, really famous because of the Fado houses, where people sing and hear the other singing and also can have a great meal. Alfama is the oldest neighborhood of Lisbon, because it's the only one that survived the earthquake.

Lisbon:

Bairro alto

It is also an old neighborhood of Lisbon with really straight streets and old buildings, some traditional stores and restaurants.

Bairro Alto has some traditional festivals for the population and a lot of tourists come just to eat traditional food like grilled sardines, in the summer.



Chiado

Chiado is an important traditional neighborhood of Lisbon that became a commercial place with a lot of different shops, some of them traditional, like the smallest shop of Europe, and some of them are not traditional, like Nike or Stradivarius.



Lisbon:

Príncipe real

It was named as one of the coolest places in Lisbon, with amazing apartments and traditional stores and restaurants.



Parlament

Is a really important place to Portuguese people, of course, where the government meets every week to decide the future of the country.



Lisbon:

📍 LX Factory

Is a modern place with restaurants, bars and coffees kinda out of the box, where people sell old things. And most Lisbon teenagers love to spend their time. Like Príncipe Real was named as one of the coolest places in Lisbon as well.

